

MASTER THE CONTENT OF SCRIPTURE



The Book of Ephesians

(Observe, Interpret, Apply & Go)

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THE BOOK OF EPHESIANS

Observe, Interpret & Apply

In our studies of the Bible, we will be using an inductive approach. This approach is a fun and exciting way to study the Bible! It's like being a detective. Instead of starting with a conclusion, you look at the details and clues in the text to discover the meaning for yourself.

Here's how you can do it:

1. **Observation:** First, you look closely at the Bible passage. You pay attention to:

- a. Who is in the story
- b. What is happening
- c. Where it is taking place
- d. When it is happening
- e. Why things are happening
- f. How they are happening.

You write down or make a mental note of all the details you notice.

2. **Interpretation:** Next, you try to understand what those details mean.

- a. You think about why the characters did what they did
- b. You think about what the important words and phrases mean.
- c. You may need to look up some words or ask questions to understand better.

3. **Application:** Finally, you think about how the story applies to our lives. What truth does it communicate?

- a. What does it teach us about God?
- b. What does it teach us about ourselves?
- c. What action (s) does it call us to take?

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CHAPTER ONE

Summary of Chapter

Chapter 1 of the book of Ephesians in the New Testament focuses on the spiritual blessings believers have in Christ. Paul begins with a greeting and thanksgiving, highlighting how God chose us before the foundation of the world and predestined us for adoption through Jesus Christ. He explains the redemption through Christ's blood, the forgiveness of sins, and the mystery of God's will to unite all things in Christ. Paul also prays for the Ephesians to have wisdom and revelation to know God better and understand the hope and power available to them through faith.

Opening Question

How do you think being chosen by God before the foundation of the world impacts the way you see yourself and your purpose?

Outline

1. Greeting and Thanksgiving (Ephesians 1:1-2)
 - Paul, an apostle of Christ Jesus, writes to the saints in Ephesus.
 - He begins with a blessing of grace and peace from God the Father and the Lord Jesus Christ.
 - **Application Question:** How can we practice grace and peace in our daily lives?
2. Spiritual Blessings in Christ (Ephesians 1:3-14)
 - Believers are blessed with every spiritual blessing in the heavenly places in Christ.

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- God chose us before the foundation of the world to be holy and blameless.
 - We are predestined for adoption as sons through Jesus Christ.
 - Redemption through Christ's blood brings forgiveness of sins.
 - God's will is to unite all things in Christ, both in heaven and on earth.
 - **Application Question:** What does it mean to you that you are adopted as God's child?
3. Prayer for Spiritual Wisdom (Ephesians 1:15-23)
- Paul gives thanks for the faith and love of the Ephesians.
 - He prays for them to receive the Spirit of wisdom and revelation in the knowledge of God.
 - Paul wants them to know the hope of God's calling, the riches of His glorious inheritance, and the immeasurable greatness of His power toward believers.
 - **Application Question:** How can we seek and grow in wisdom and revelation in our relationship with God?
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Possible Activities

1. Memory Verse Challenge
 - Memorize Ephesians 1:3: "Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places."
 2. Role-Playing Activity
 - Divide the class into pairs and have them role-play a conversation where one person explains the concept of being chosen by God and adopted into His family.
 3. Discussion Activity
 - Lead a discussion on what it means to live a life that is holy and blameless before God. How can we strive for this in our daily actions and decisions?
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Quiz

1. Who wrote the book of Ephesians?
 - Paul
 - Peter
 - John
 - James
2. What does Paul begin his letter with?
 - A parable
 - A greeting
 - A prophecy
 - A command
3. What kind of blessings are believers blessed with in Christ?
 - Material blessings
 - Spiritual blessings
 - Physical blessings
 - Financial blessings
4. When were believers chosen by God?
 - At birth
 - During baptism
 - Before the foundation of the world
 - After Christ's resurrection
5. What does redemption through Christ's blood bring?
 - Wealth
 - Forgiveness of sins
 - Power
 - Knowledge
6. What is God's will according to Ephesians 1?
 - To give us riches
 - To unite all things in Christ

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- To create a new law
- To destroy evil
- 7. What does Paul pray for the Ephesians to receive?
 - Health and wealth
 - The Spirit of wisdom and revelation
 - The power to perform miracles
 - The ability to speak in tongues
- 8. What does Paul give thanks for regarding the Ephesians?
 - Their generosity
 - Their faith and love
 - Their hospitality
 - Their knowledge
- 9. What does Paul want the Ephesians to know about God's calling?
 - The joy of God's calling
 - The hope of God's calling
 - The ease of God's calling
 - The burden of God's calling
- 10. What does Paul say about God's power toward believers?
 - It is limited
 - It is small
 - It is immeasurable
 - It is unknown

Answers: 1. Paul 2. A greeting 3. Spiritual blessings 4. Before the foundation of the world 5. Forgiveness of sins 6. To unite all things in Christ 7. The Spirit of wisdom and revelation 8. Their faith and love 9. The hope of God's calling 10. It is immeasurable

Fill in the Blank

1. Paul, an apostle of Christ Jesus, writes to the saints in _____.

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2. Believers are blessed with every spiritual blessing in the _____ places in Christ.
3. God chose us before the foundation of the _____.
4. We are predestined for _____ as sons through Jesus Christ.
5. Redemption through Christ's blood brings _____ of sins.
6. God's will is to _____ all things in Christ.
7. Paul prays for the Ephesians to receive the Spirit of _____ and revelation.
8. Paul gives thanks for the _____ and love of the Ephesians.
9. Paul wants the Ephesians to know the _____ of God's calling.
10. Paul speaks of the immeasurable greatness of God's _____ toward believers.

Answers: Ephesus, heavenly, world, adoption, forgiveness, unite, wisdom, faith, hope, power

Vocabulary Words

1. Apostle - Greek: ἀπόστολος (apostolos) - Meaning: A messenger or one sent on a mission.
2. Saints - Greek: ἅγιος (hagios) - Meaning: Holy ones or set apart ones.
3. Redemption - Greek: ἀπολύτρωσις (apolytrōsis) - Meaning: A release or liberation, usually by a payment.
4. Forgiveness - Greek: ἄφεσις (aphesis) - Meaning: A pardon or release from obligation.
5. Wisdom - Greek: σοφία (sophia) - Meaning: Insight, skill, or intelligence.
6. Revelation - Greek: ἀποκάλυψις (apokalypsis) - Meaning: Unveiling or disclosure of truth.
7. Inheritance - Greek: κληρονομία (klēronomia) - Meaning: Property received by inheritance or an inherited estate.
8. Power - Greek: δύναμις (dynamis) - Meaning: Strength, ability, or miraculous power.

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CHAPTER TWO

Summary of Chapter

Chapter 2 of the book of Ephesians emphasizes the transformation from death to life through Christ. Paul explains that we were once dead in our transgressions and sins but have been made alive with Christ by God's grace. He highlights that salvation is a gift from God, not earned by works. Paul also discusses the reconciliation of Jews and Gentiles, breaking down the dividing wall of hostility through Christ's sacrifice. This unity forms one new humanity, a holy temple in the Lord, where believers are built together as a dwelling place for God's Spirit.

Opening Question

How does understanding that salvation is a gift from God, not earned by our works, change the way you approach your faith and daily life?

Outline

1. From Death to Life (Ephesians 2:1-10)
 - We were dead in our transgressions and sins, following the ways of the world.
 - God, rich in mercy, made us alive with Christ, saving us by grace.
 - Salvation is a gift from God, not by works, so no one can boast.
 - We are created in Christ Jesus to do good works, prepared in advance by God.
 - **Application Question:** How can you live out the good works that God has prepared for you?
2. Reconciliation Through Christ (Ephesians 2:11-18)
 - Gentiles were once separate from Christ, without hope and without God.

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- Christ's blood brought those far away near, breaking down the dividing wall of hostility.
 - Jesus created one new humanity, reconciling both Jews and Gentiles to God through the cross.
 - Through Christ, we both have access to the Father by one Spirit.
 - **Application Question:** In what ways can you help foster unity and reconciliation in your community?
3. One in Christ (Ephesians 2:19-22)
- Believers are no longer foreigners and strangers but fellow citizens with God's people.
 - We are members of God's household, built on the foundation of the apostles and prophets, with Christ as the cornerstone.
 - In Christ, the whole building is joined together and rises to become a holy temple in the Lord.
 - We are built together to become a dwelling in which God lives by His Spirit.
 - **Application Question:** How can you contribute to building a strong and united community of believers?
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Possible Activities

1. Memory Verse Challenge
 - Memorize Ephesians 2:8-9: "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast."
2. Role-Playing Activity
 - Have students pair up and role-play a conversation where one explains to the other the concept of being saved by grace and not by works.
3. Discussion Activity

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- Lead a discussion on the significance of being part of one new humanity in Christ. How does this understanding affect how we treat others in our church and community?
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Quiz

1. What were we dead in according to Ephesians 2:1?
 - Our transgressions and sins
 - Our knowledge and wisdom
 - Our good works
 - Our wealth
2. How did God make us alive with Christ?
 - By our own efforts
 - By His grace
 - By our prayers
 - By our good deeds
3. What is salvation described as in Ephesians 2:8-9?
 - A reward for good behavior
 - A gift from God
 - A result of wisdom
 - An earned privilege
4. Who brought those far away near by His blood?
 - Peter
 - Paul
 - Christ
 - Moses
5. What did Christ destroy to create one new humanity?
 - The temple
 - The law

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- The dividing wall of hostility
- The Roman Empire
- 6. Through whom do we have access to the Father by one Spirit?
 - Angels
 - Saints
 - Christ
 - Prophets
- 7. What are believers no longer described as in Ephesians 2:19?
 - Slaves
 - Foreigners and strangers
 - Kings
 - Priests
- 8. What is the foundation of God's household built on?
 - Gold and silver
 - The apostles and prophets
 - The Law of Moses
 - Human wisdom
- 9. Who is the cornerstone of the holy temple?
 - Peter
 - Paul
 - Moses
 - Christ
- 10. What are believers built together to become?
 - A political force
 - A wealthy nation
 - A dwelling in which God lives by His Spirit
 - A powerful army

Answers: 1. Our transgressions and sins 2. By His grace 3. A gift from God 4. Christ 5. The dividing wall of hostility 6. Christ 7. Foreigners and strangers 8. The apostles and prophets 9. Christ 10. A dwelling in which God lives by His Spirit

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Fill in the Blank

1. We were dead in our _____ and sins.
2. God made us alive with _____.
3. Salvation is a gift from _____.
4. We are created in Christ Jesus to do _____ works.
5. Christ's blood brought those far away _____.
6. Jesus created one new _____.
7. We have access to the Father by one _____.
8. Believers are fellow _____ with God's people.
9. Christ is the _____ of the holy temple.
10. We are built together to become a _____ in which God lives by His Spirit.

Answers: transgressions, Christ, God, good, near, humanity, Spirit, citizens, cornerstone, dwelling

Vocabulary Words

1. Transgressions - Greek: παραπτώματα (paraptomata) - Meaning: Offenses or sins.
2. Grace - Greek: χάρις (charis) - Meaning: Unmerited favor or kindness.
3. Reconciliation - Greek: καταλλαγή (katallage) - Meaning: Restoration of a relationship.
4. Hostility - Greek: ἔχθρα (echthra) - Meaning: Enmity or hatred.
5. Cornerstone - Greek: ἀκρογωνιαίος (akrogōniaios) - Meaning: The chief foundation stone.
6. Temple - Greek: ναός (naos) - Meaning: A holy place or sanctuary.
7. Dwelling - Greek: κατοικητήριον (katoikētērion) - Meaning: A place where one resides.
8. Spirit - Greek: πνεῦμα (pneuma) - Meaning: Breath or spirit, often referring to the Holy Spirit.

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9. Citizens - Greek: πολίτης (polites) - Meaning: Inhabitants or members of a state.
10. Gift - Greek: δῶρον (dōron) - Meaning: A present or something given voluntarily without payment.

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CHAPTER THREE

Summary of Chapter

Chapter 3 of the book of Ephesians focuses on Paul's mission to the Gentiles and the mystery of Christ revealed. Paul explains his role in God's plan to bring the Gentiles into the body of Christ. He discusses the mystery hidden for ages but now revealed through the apostles and prophets. Paul emphasizes that through the gospel, Gentiles are fellow heirs and partakers of the promise in Christ. He prays for the Ephesians to be strengthened with power through the Spirit and to grasp the immense love of Christ, which surpasses knowledge, filling them with the fullness of God.

Opening Question

How does knowing that the love of Christ surpasses all knowledge affect the way you view your relationship with Him?

Outline

1. Paul's Mission to the Gentiles (Ephesians 3:1-7)
 - Paul, a prisoner for Christ, explains his mission to preach to the Gentiles.
 - The mystery made known to Paul by revelation, not known to previous generations.
 - Gentiles are fellow heirs, members of the same body, and partakers of the promise in Christ Jesus through the gospel.
 - **Application Question:** How can you share the good news of Christ with others who may not know Him?

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2. The Unsearchable Riches of Christ (Ephesians 3:8-13)

- Paul describes his grace-given task to preach the unsearchable riches of Christ.
- The purpose is to make known God's manifold wisdom through the church.
- Believers have boldness and access to God with confidence through faith in Christ.
- **Application Question:** In what ways can you grow in boldness and confidence in your faith?

3. Prayer for Spiritual Strength (Ephesians 3:14-21)

- Paul prays for the Ephesians to be strengthened with power through the Spirit in their inner being.
 - He prays for Christ to dwell in their hearts through faith and for them to be rooted and grounded in love.
 - Paul desires for them to comprehend the breadth, length, height, and depth of Christ's love.
 - He concludes with a doxology, praising God who is able to do immeasurably more than we ask or imagine.
 - **Application Question:** How can you allow Christ's love to take root deeply in your life?
-

Possible Activities

1. Memory Verse Challenge

- Memorize Ephesians 3:20: "Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us."

2. Role-Playing Activity

- Have students pair up and role-play a scenario where one shares the mystery of Christ with someone who has never heard the gospel.

3. Discussion Activity

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- Lead a discussion on the significance of being rooted and grounded in love. How does this foundation affect our actions and relationships with others?
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Quiz

1. Who is Paul a prisoner for according to Ephesians 3:1?
 - Peter
 - John
 - Christ Jesus
 - Moses
2. What was made known to Paul by revelation?
 - The law
 - The mystery of Christ
 - The Ten Commandments
 - The Psalms
3. Who are fellow heirs and partakers of the promise in Christ Jesus?
 - Only Jews
 - Only Gentiles
 - Jews and Gentiles
 - Only apostles
4. What does Paul describe as unsearchable?
 - God's wisdom
 - Christ's riches
 - Human heart
 - Universe
5. Through whom is God's manifold wisdom made known?
 - The church
 - Angels
 - Prophets

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- Kings
- 6. What do believers have through faith in Christ?
 - Wealth and prosperity
 - Boldness and access to God with confidence
 - Power and control
 - Suffering and persecution
- 7. What does Paul pray for the Ephesians to be strengthened with?
 - Wealth
 - Power through the Spirit
 - Physical strength
 - Knowledge
- 8. Where does Paul pray for Christ to dwell?
 - In the temple
 - In their hearts
 - In Jerusalem
 - In the heavens
- 9. What does Paul desire for the Ephesians to comprehend?
 - The commandments
 - The love of Christ
 - The law of Moses
 - The parables
- 10. How does Paul describe God's ability to act?
 - Limited
 - Immeasurably more than we ask or imagine
 - Equal to our imagination
 - Constrained by our faith

Answers: 1. Christ Jesus 2. The mystery of Christ 3. Jews and Gentiles 4. Christ's riches 5. The church 6. Boldness and access to God with confidence 7. Power through the Spirit 8. In their hearts 9. The love of Christ 10. Immeasurably more than we ask or imagine

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Fill in the Blank

1. Paul, a _____ for Christ Jesus.
2. The mystery made known to Paul by _____.
3. Gentiles are fellow _____ and partakers of the promise in Christ Jesus.
4. Paul describes his task to preach the unsearchable _____ of Christ.
5. Believers have boldness and access to God with _____ through faith in Christ.
6. Paul prays for the Ephesians to be strengthened with _____ through the Spirit.
7. He prays for Christ to dwell in their _____ through faith.
8. Paul desires for them to comprehend the _____, length, height, and depth of Christ's love.
9. Paul concludes with a _____, praising God.
10. God is able to do immeasurably _____ than all we ask or imagine.

Answers: prisoner, revelation, heirs, riches, confidence, power, hearts, breadth, doxology, more

Vocabulary Words

1. Mystery - Greek: μυστήριον (mystērion) - Meaning: A hidden or secret thing, often referring to divine secrets.
2. Revelation - Greek: ἀποκάλυψις (apokalypsis) - Meaning: An unveiling or disclosure of something previously hidden.
3. Heirs - Greek: κληρονόμος (klēronomos) - Meaning: One who inherits or is entitled to inherit property or a title.
4. Unsearchable - Greek: ἀνεξιχνίαστος (anexichniastos) - Meaning: Incomprehensible or beyond understanding.
5. Manifold - Greek: πολυποίκιλος (polypoikilos) - Meaning: Varied or multifaceted.
6. Boldness - Greek: παρρησία (parrēsia) - Meaning: Confidence or freedom in speaking.
7. Doxology - Greek: δοξολογία (doxologia) - Meaning: An expression of praise to God.

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8. Immeasurably - Greek: ὑπερεκπερισσοῦ (hyperekperissou) - Meaning: Exceedingly or beyond measure.
9. Fullness - Greek: πλήρωμα (plērōma) - Meaning: Completeness or the state of being filled.
10. Strengthened - Greek: κραταιόω (krataioō) - Meaning: Made strong or fortified.

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CHAPTER FOUR

Summary of Chapter

Chapter 4 of the book of Ephesians focuses on unity and maturity in the body of Christ. Paul urges believers to live a life worthy of their calling, maintaining unity through humility, gentleness, patience, and love. He explains the diversity of gifts given by Christ to equip the saints for works of service and to build up the body. Paul emphasizes the need for spiritual maturity, encouraging believers to speak the truth in love and to grow up into Christ, the head of the church. He also instructs on living a transformed life, putting off the old self and putting on the new self, created to be like God.

Opening Question

How can we contribute to the unity and growth of our church community by using our unique gifts?

Outline

1. Unity in the Body of Christ (Ephesians 4:1-6)
 - Paul urges believers to live worthy of their calling.
 - Maintain unity through humility, gentleness, patience, and love.
 - There is one body and one Spirit, one hope, one Lord, one faith, one baptism, and one God and Father of all.
 - **Application Question:** How can you promote unity within your church community?
2. Diversity of Gifts (Ephesians 4:7-13)

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- Christ has given different gifts to each believer.
 - Gifts include apostles, prophets, evangelists, pastors, and teachers.
 - Purpose of the gifts is to equip the saints for works of service and to build up the body of Christ.
 - **Application Question:** What gifts do you believe God has given you, and how can you use them to serve others?
3. Maturity in Christ (Ephesians 4:14-16)
- Believers should no longer be infants, tossed by every wind of teaching.
 - Speak the truth in love and grow up into Christ, who is the head.
 - From Christ, the whole body is joined and held together, growing and building itself up in love.
 - **Application Question:** How can you grow in maturity in your faith and help others do the same?
4. Living the New Life (Ephesians 4:17-32)
- Paul instructs believers to no longer live as the Gentiles do, in futility of their thinking.
 - Put off the old self and be made new in the attitude of your minds.
 - Put on the new self, created to be like God in true righteousness and holiness.
 - Instructions for Christian living: Speak truthfully, do not sin in anger, work honestly, speak only what is helpful, be kind and compassionate, forgive as God forgave you.
 - **Application Question:** What steps can you take to put off the old self and live out your new identity in Christ?
-

Possible Activities

1. Memory Verse Challenge

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- Memorize Ephesians 4:2-3: "Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace."
 - 2. Role-Playing Activity
 - Have students role-play different scenarios where they demonstrate humility, patience, and love in maintaining unity within a group.
 - 3. Discussion Activity
 - Lead a discussion on the diversity of gifts within the church. How can we recognize and encourage each other's gifts to build up the body of Christ?
-

Quiz

1. What does Paul urge believers to live a life worthy of?
 - Wealth
 - Their calling
 - Comfort
 - Power
2. How are believers to maintain unity?
 - Through competition
 - Through humility, gentleness, patience, and love
 - Through strict rules
 - Through isolation
3. How many bodies and Spirits are there according to Ephesians 4?
 - Two
 - Three
 - One
 - Many
4. Who gives different gifts to believers?
 - The apostles

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- The prophets
 - Christ
 - The church leaders
5. What is the purpose of the gifts given by Christ?
- To show off
 - To equip the saints for works of service and to build up the body of Christ
 - To create division
 - To gain power
6. What should believers no longer be according to Ephesians 4:14?
- Happy
 - Infants, tossed by every wind of teaching
 - Sad
 - Confident
7. How should believers speak to each other?
- Harshly
 - Truthfully, in love
 - Sarcastically
 - Deceptively
8. What are believers to put off?
- Their clothes
 - The old self
 - Their friends
 - Their responsibilities
9. What are believers to put on?
- The new self, created to be like God in true righteousness and holiness
 - A new outfit
 - A new identity card
 - New jewelry
10. How should believers deal with anger?
- By ignoring it

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- By not letting the sun go down while still angry
- By holding grudges
- By expressing it violently

Answers: 1. Their calling 2. Through humility, gentleness, patience, and love 3. One 4. Christ 5. To equip the saints for works of service and to build up the body of Christ 6. Infants, tossed by every wind of teaching 7. Truthfully, in love 8. The old self 9. The new self, created to be like God in true righteousness and holiness 10. By not letting the sun go down while still angry

Fill in the Blank

1. Paul urges believers to live a life worthy of their _____.
2. Maintain unity through humility, gentleness, _____, and love.
3. There is one body and one _____.
4. Christ has given different _____ to each believer.
5. The purpose of the gifts is to equip the _____ for works of service.
6. Believers should no longer be _____, tossed by every wind of teaching.
7. Speak the _____ in love.
8. Put off the old _____.
9. Put on the new self, created to be like God in true _____ and holiness.
10. Be kind and compassionate, forgiving each other, just as in Christ God _____ you.

Answers: calling, patience, Spirit, gifts, saints, infants, truth, self, righteousness, forgave

Vocabulary Words

1. Unity - Greek: ἐνότης (henotēs) - Meaning: Oneness or harmony.
2. Humility - Greek: ταπεινοφροσύνη (tapeinophrosynē) - Meaning: Lowliness of mind.
3. Gentleness - Greek: πραΰτης (prautēs) - Meaning: Meekness or mildness.

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4. Patience - Greek: μακροθυμία (makrothymia) - Meaning: Long-suffering or forbearance.
5. Gifts - Greek: δόματα (domata) - Meaning: Endowments or presents.
6. Maturity - Greek: τελειότης (teleiotēs) - Meaning: Completeness or full growth.
7. Righteousness - Greek: δικαιοσύνη (dikaiosynē) - Meaning: Justice or the quality of being morally right.
8. Holiness - Greek: ὁσιότης (hosiotes) - Meaning: Sacredness or purity.
9. Compassionate - Greek: εὐσπλαγχνος (eusplanchos) - Meaning: Tender-hearted or sympathetic.
10. Forgiveness - Greek: ἄφεσις (aphesis) - Meaning: Release or pardon from an offense.

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CHAPTER FIVE

Summary of Chapter

Chapter 5 of the book of Ephesians emphasizes living a life of love and purity as God's children. Paul urges believers to be imitators of God, living in love as Christ loved us. He warns against immorality, impurity, and greed, urging believers to live as children of light, discerning what pleases the Lord. Paul instructs on wise living, being filled with the Spirit, and submitting to one another out of reverence for Christ. He provides specific guidelines for relationships between husbands and wives, comparing their union to the relationship between Christ and the church.

Opening Question

How can we reflect God's love and light in our daily interactions with others?

Outline

1. Imitating God (Ephesians 5:1-2)
 - Be imitators of God, as beloved children.
 - Live a life of love, just as Christ loved us and gave himself up for us.
 - **Application Question:** What are some practical ways you can show Christ-like love to those around you?
2. Living as Children of Light (Ephesians 5:3-14)
 - Avoid immorality, impurity, and greed; such things are improper for God's holy people.
 - Live as children of light, finding out what pleases the Lord.
 - Have nothing to do with the fruitless deeds of darkness but rather expose them.

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- **Application Question:** How can you discern and pursue what pleases the Lord in your life?
 - 3. Wise Living (Ephesians 5:15-20)
 - Be very careful how you live, not as unwise but as wise.
 - Make the most of every opportunity because the days are evil.
 - Understand what the Lord's will is and be filled with the Spirit.
 - Speak to one another with psalms, hymns, and spiritual songs, giving thanks to God.
 - **Application Question:** What steps can you take to live wisely and make the most of every opportunity?
 - 4. Submission and Relationships (Ephesians 5:21-33)
 - Submit to one another out of reverence for Christ.
 - Wives, submit to your husbands as to the Lord.
 - Husbands, love your wives just as Christ loved the church and gave himself up for her.
 - The relationship between husband and wife reflects the relationship between Christ and the church.
 - **Application Question:** How can mutual submission and love strengthen relationships within a family?
-

Possible Activities

1. Memory Verse Challenge
 - Memorize Ephesians 5:1-2: "Be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."
2. Role-Playing Activity

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- Have students role-play scenarios where they demonstrate living as children of light, avoiding deeds of darkness, and making wise decisions.
3. Discussion Activity
- Lead a discussion on the importance of mutual submission in relationships. How can this principle be applied in families, friendships, and the church community?
-

Quiz

1. What are believers urged to be in Ephesians 5:1?
 - Teachers
 - Imitators of God
 - Leaders
 - Servants
2. How are believers to live, according to Ephesians 5:2?
 - In isolation
 - In wealth
 - In love
 - In fear
3. What should believers avoid, as stated in Ephesians 5:3?
 - Immorality, impurity, and greed
 - Kindness and generosity
 - Prayer and fasting
 - Worship and praise
4. How should believers live, as mentioned in Ephesians 5:8?
 - As children of darkness
 - As children of light
 - As wanderers
 - As warriors
5. What should believers do with the fruitless deeds of darkness?

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- Embrace them
 - Ignore them
 - Hide them
 - Expose them
6. How should believers live, according to Ephesians 5:15?
- Recklessly
 - As unwise
 - Carefully, as wise
 - Carelessly
7. With what should believers be filled, as stated in Ephesians 5:18?
- Wine
 - Wealth
 - The Spirit
 - Knowledge
8. How should believers submit to one another?
- Out of fear
 - Out of reverence for Christ
 - Out of obligation
 - Out of tradition
9. How are wives instructed to relate to their husbands?
- With indifference
 - As to the Lord
 - With dominance
 - As to children
10. How are husbands instructed to love their wives?
- Just as Christ loved the church
 - With indifference
 - With fear
 - With hesitation

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Answers: 1. Imitators of God 2. In love 3. Immorality, impurity, and greed 4. As children of light 5. Expose them 6. Carefully, as wise 7. The Spirit 8. Out of reverence for Christ 9. As to the Lord 10. Just as Christ loved the church

Fill in the Blank

1. Be imitators of _____, as beloved children.
2. Live a life of _____, just as Christ loved us.
3. Avoid _____, impurity, and greed.
4. Live as children of _____.
5. Be very _____ how you live.
6. Make the most of every _____.
7. Understand what the Lord's _____ is.
8. Submit to one another out of _____ for Christ.
9. Wives, submit to your husbands as to the _____.
10. Husbands, love your wives just as Christ loved the _____.

Answers: God, love, immorality, light, careful, opportunity, will, reverence, Lord, church

Vocabulary Words

1. Imitators - Greek: μιμηταί (mimētai) - Meaning: Followers or mimics.
2. Immorality - Greek: πορνεία (porneia) - Meaning: Sexual immorality or fornication.
3. Impurity - Greek: ἀκαθαρσία (akatharsia) - Meaning: Uncleanliness or impurity.
4. Greed - Greek: πλεονεξία (pleonexia) - Meaning: Covetousness or avarice.
5. Light - Greek: φῶς (phōs) - Meaning: Light or illumination, often symbolizing truth and righteousness.
6. Wise - Greek: σοφός (sophos) - Meaning: Wise or prudent.
7. Reverence - Greek: φόβος (phobos) - Meaning: Fear, respect, or reverence.

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8. Submission - Greek: ὑποταγή (hypotagē) - Meaning: Subordination or submission.
9. Love - Greek: ἀγάπη (agapē) - Meaning: Selfless, sacrificial love.
10. Church - Greek: ἐκκλησία (ekklēsia) - Meaning: Assembly or congregation, often referring to the body of believers.

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CHAPTER SIX

Summary of Chapter

Chapter 6 of the book of Ephesians addresses relationships and spiritual warfare. Paul gives instructions to children, parents, slaves, and masters, emphasizing obedience and respect. He urges believers to be strong in the Lord and put on the full armor of God to stand against the devil's schemes. Paul describes the armor of God, including the belt of truth, breastplate of righteousness, gospel of peace, shield of faith, helmet of salvation, and sword of the Spirit. He concludes with a call to prayer and a personal request for boldness in proclaiming the gospel.

Opening Question

How can putting on the full armor of God help us in our daily struggles and challenges?

Outline

1. Instructions for Relationships (Ephesians 6:1-9)
 - Children, obey your parents in the Lord, for this is right.
 - Honor your father and mother, which is the first commandment with a promise.
 - Fathers, do not provoke your children to anger but bring them up in the discipline and instruction of the Lord.
 - Slaves, obey your earthly masters with respect and sincerity, as you would obey Christ.
 - Masters, treat your slaves in the same way, without threatening, knowing that both their Master and yours is in heaven.

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- **Application Question:** How can we practice respect and obedience in our relationships today?
 - 2. The Armor of God (Ephesians 6:10-17)
 - Be strong in the Lord and in His mighty power.
 - Put on the full armor of God to stand against the devil's schemes.
 - The armor includes the belt of truth, breastplate of righteousness, gospel of peace, shield of faith, helmet of salvation, and sword of the Spirit.
 - **Application Question:** Which part of the armor of God do you find most essential in your life right now, and why?
 - 3. The Call to Prayer (Ephesians 6:18-20)
 - Pray in the Spirit on all occasions with all kinds of prayers and requests.
 - Be alert and always keep on praying for all the Lord's people.
 - Pray also for Paul, that whenever he speaks, words may be given to him so that he will fearlessly make known the mystery of the gospel.
 - **Application Question:** How can you incorporate more prayer into your daily routine?
 - 4. Final Greetings (Ephesians 6:21-24)
 - Tychicus, a dear brother and faithful servant in the Lord, will inform the Ephesians of Paul's circumstances.
 - Peace, love, and faith to the brothers and sisters from God the Father and the Lord Jesus Christ.
 - Grace to all who love our Lord Jesus Christ with an undying love.
 - **Application Question:** How can you offer encouragement and support to your fellow believers?
-

Possible Activities

1. Memory Verse Challenge

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- Memorize Ephesians 6:11: "Put on the full armor of God, so that you can take your stand against the devil's schemes."
 - 2. Role-Playing Activity
 - Have students role-play scenarios where they use different pieces of the armor of God to face challenges, such as standing up for truth or showing faith in difficult situations.
 - 3. Discussion Activity
 - Lead a discussion on the importance of prayer in spiritual warfare. How does prayer help us stay strong and connected to God?
-

Quiz

1. What are children instructed to do in Ephesians 6:1?
 - Disobey their parents
 - Ignore their parents
 - Obey their parents
 - Argue with their parents
2. What is the first commandment with a promise?
 - Do not steal
 - Honor your father and mother
 - Do not lie
 - Love your neighbor
3. How are fathers instructed to treat their children?
 - With anger
 - With indifference
 - Do not provoke them to anger, but bring them up in the Lord's discipline and instruction
 - With harshness
4. How should slaves obey their earthly masters?

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- With reluctance
 - With respect and sincerity, as they would obey Christ
 - With rebellion
 - With resentment
5. What should masters remember about their slaves?
- They have no value
 - They are equal in Christ
 - They should be threatened
 - They should be mistreated
6. Why should believers put on the full armor of God?
- To look good
 - To stand against the devil's schemes
 - To show off
 - To gain power
7. What is the belt of the armor of God?
- Belt of faith
 - Belt of truth
 - Belt of power
 - Belt of salvation
8. What is the shield of the armor of God?
- Shield of hope
 - Shield of love
 - Shield of faith
 - Shield of truth
9. What is the helmet of the armor of God?
- Helmet of knowledge
 - Helmet of salvation
 - Helmet of peace
 - Helmet of righteousness
10. What is the sword of the Spirit?

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- Word of God
- Sword of hope
- Sword of power
- Sword of love

Answers: 1. Obey their parents 2. Honor your father and mother 3. Do not provoke them to anger, but bring them up in the Lord's discipline and instruction 4. With respect and sincerity, as they would obey Christ 5. They are equal in Christ 6. To stand against the devil's schemes 7. Belt of truth 8. Shield of faith 9. Helmet of salvation 10. Word of God

Fill in the Blank

1. Children, obey your _____ in the Lord.
2. Honor your father and _____.
3. Fathers, do not _____ your children to anger.
4. Slaves, obey your earthly masters with _____ and sincerity.
5. Put on the full _____ of God.
6. The belt of _____.
7. The breastplate of _____.
8. The shield of _____.
9. The helmet of _____.
10. The sword of the _____.

Answers: parents, mother, provoke, respect, armor, truth, righteousness, faith, salvation, Spirit

Vocabulary Words

1. Armor - Greek: πανοπλία (panoplia) - Meaning: Full set of defensive weapons.
2. Truth - Greek: ἀλήθεια (aletheia) - Meaning: Reality or fact.

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3. Righteousness - Greek: δικαιοσύνη (dikaiosynē) - Meaning: Justice or moral integrity.
4. Faith - Greek: πίστις (pistis) - Meaning: Trust or belief.
5. Salvation - Greek: σωτηρία (sōtēria) - Meaning: Deliverance or preservation.
6. Spirit - Greek: πνεῦμα (pneuma) - Meaning: Breath or wind, often referring to the Holy Spirit.
7. Obey - Greek: ὑπακούω (hypakouō) - Meaning: To listen or follow commands.
8. Honor - Greek: τιμάω (timaō) - Meaning: To value or respect.
9. Discipline - Greek: παιδεία (paideia) - Meaning: Training or education.
10. Prayer - Greek: προσευχή (proseuchē) - Meaning: Petition or request to God.